



Pilgerweg Rhein-Reuss-Rhone



TECHNISCHE ANGABEN

Von	Nach	Distanz km	Höhenmeter			
			▲	▼	▶	◀
1. Etappe						
Disentis	– Cuoz	2.6	140	5	>> 0.50 h	<< 0.45 h
Cuoz	– Segnas	0.9	60	5	>> 0.20 h	<< 0.15 h
Segnas	– Mompé Tujetsch	1.5	80	5	>> 0.25 h	<< 0.25 h
Mompé Tujetsch	– Sedrun	4.1	90	70	>> 1.00 h	<< 1.00 h
Sedrun	– Rueras	2.7	50	50	>> 0.40 h	<< 0.40 h
Rueras	– Tschamut	5.4	340	90	>> 1.10 h	<< 1.00 h
Tschamut	– Oberalppass	4.1	380	5	>> 1.40 h	<< 1.15 h
Disentis	– Oberalppass	21.3	1140	230	>> 6.05 h	<< 5.20 h
2. Etappe						
Oberalppass	– Andermatt	10.0	160	750	>> 2.40 h	<< 3.20 h
Andermatt	– Hospental	4.4	90	40	>> 1.10 h	<< 1.05 h
Hospental	– Realp	6.5	120	80	>> 1.40 h	<< 1.40 h
Oberalppass	– Realp	20.9	370	870	>> 5.30 h	6.05 h
3. Etappe						
Realp	– Furkapass	10.0	1020	130	>> 3.50 h	<< 3.00 h
Furkapass	– Gletsch	5.2	20	690	>> 1.35 h	<< 2.10 h
Realp	– Gletsch	15.2	1040	820	>> 5.25 h	<< 5.10 h
4. Etappe						
Gletsch	– Oberwald	4.9	60	430	>> 1.30 h	<< 2.00 h
Oberwald	– Obergesteln	2.9	5	10	>> 1.15 h	<< 1.15 h
Obergesteln	– Ulrichen	2.1	10	30	>> 0.40 h	<< 0.40 h
Ulrichen	– Münster	5.4	60	30	>> 1.00 h	<< 1.00 h
Gletsch	– Münster	15.3	135	500	>> 4.25 h	<< 4.55 h
5. Etappe						
Münster	– Reckingen	3.6	10	80	>> 0.40 h	<< 0.45 h
Reckingen	– Gluringen	2.4	20	40	>> 0.35 h	<< 0.35 h
Gluringen	– Blitzingen	3.7	20	120	>> 1.10 h	<< 1.10 h
Blitzingen	– Niederwald	1.8	10	30	>> 0.20 h	<< 0.20 h
Niederwald	Mühlebach	4.8	150	110	>> 1.15 h	<< 1.15 h
Mühlebach	– Ernen	1.9	50	90	>> 0.30 h	<< 0.35 h
Münster	– Ernen	18.2	260	470	>> 4.30 h	<< 4.40 h



/ st.gotthard

KULTURWEGE SCHWEIZ



Pilgerweg Rhein-Reuss-Rhone



6. Etappe							
Ernen	– Grengiols	9.2	270	500	>> 2.40 h	<< 2.55 h	
Grensiols	– Mörel	4.6	25	220	>> 1.10 h	<< 1.30 h	
Mörel	– Naters	6.2	35	115	>> 1.35 h	<< 1.45 h	
Naters	– Brig-Glis	2.2	10	5	>> 0.30 h	<< 0.30 h	
Ernen	– Brig-Glis	22.2	340	840	>> 5.55 h	<< 6.40 h	
7. Etappe							
Brig-Glis	– Glis	1.2	5	5	>> 0.20 h	<< 0.20 h	
Glis	– Visp	10.5	65	100	>> 2.30 h	<< 2.35 h	
Visp	– Ausserberg	4.9	260	40	>> 1.30 h	<< 1.15 h	
Ausserberg	– Raron	3.6	5	215	>> 0.55 h	<< 1.05 h	
Raron	– Gampel	6.4	5	10	>> 1.30 h	<< 1.30 h	
Brig-Glis	– Gampel	26.6	340	370	>> 6.45 h	<< 6.45 h	
8. Etappe							
Gampel	– Turtmann	6.4	20	20	>> 1.30 h	<< 1.30 h	
Turtmann	– Leuk	7.2	130	40	>> 1.50 h	<< 1.40 h	
Leuk	– Varen	2.3	110	100	>> 0.45 h	<< 0.45 h	
Varen	– Salgesch	3.7	80	240	>> 1.00 h	<< 1.15 h	
Gampel	– Salgesch	19.6	340	400	>> 5.05 h	<< 5.10 h	
9. Etappe*							
Salgesch	– Sierre	4.2	60	100	>> 1.10 h	<< 1.15 h	
Sierre	– Ollon	6.7	200	120	>> 1.40 h	<< 1.35 h	
Ollon	– St. Léonard	5.8	120	240	>> 1.30 h	<< 1.40 h	
Salgesch	– St. Léonard	16.7	380	460	>> 4.20 h	<< 4.30 h	
10. Etappe							
St. Léonard	– Longeborgne	5.6	290	210	>> 1.45 h	<< 1.40 h	
Longeborgne	– Sion	5.4	30	110	>> 1.15 h	<< 1.20 h	
St. Léonard	– Sion	11.0	320	320	>> 3.00 h	<< 3.00 h	
11. Etappe							
Sion	– Vétroz	8.4	330	350	>> 2.30 h	<< 2.30 h	
Vétroz	– Ardon	3.8	100	110	>> 1.00 h	<< 1.00 h	
Ardon	– St. Pierre	2.9	50	20	>> 0.40 h	<< 0.40 h	
St. Pierre	– Saillon	6.3	120	130	>> 1.30 h	<< 1.30 h	
Sion	– Saillon	21.4	600	610	>> 5.40 h	<< 5.40 h	



/ st.gotthard



Pilgerweg Rhein-Reuss-Rhone



12. Etappe							
Saillon	– Mazembroz	5.0	110	140	>>	1.20 h	<< 1.20 h
Mazembroz	– Fully	3.2	110	110	>>	0.50 h	<< 0.50 h
Fully	– Martigny	7.9	120	140	>>	2.00 h	<< 2.00 h
Saillon	– Martigny	16.1	340	390	>>	4.10 h	<< 4.10 h
13. Etappe							
Martigny	– Pissevache	7.0	100	120	>>	1.50 h	<< 1.50 h
Pissevache	– Evionnaz	3.9	40	30	>>	0.55 h	<< 0.55 h
Evionnaz	– St. Maurice	5.8	100	150	>>	1.25 h	<< 1.25 h
Martigny	– Evionnaz	16.7	240	300	>>	4.10 h	<< 4.10 h
Total	13 Etappen	241.2	5845	6580	>>	65 h	67 h



viajacobi4.ch

Jakobsweg.ch



/ st.gotthard